



Azərbaycan
Tibb Universiteti



Ürək çatışmazlığı xəstələrində miokardial revaskulyarizasiya: görüntüləmə üsulların rolu

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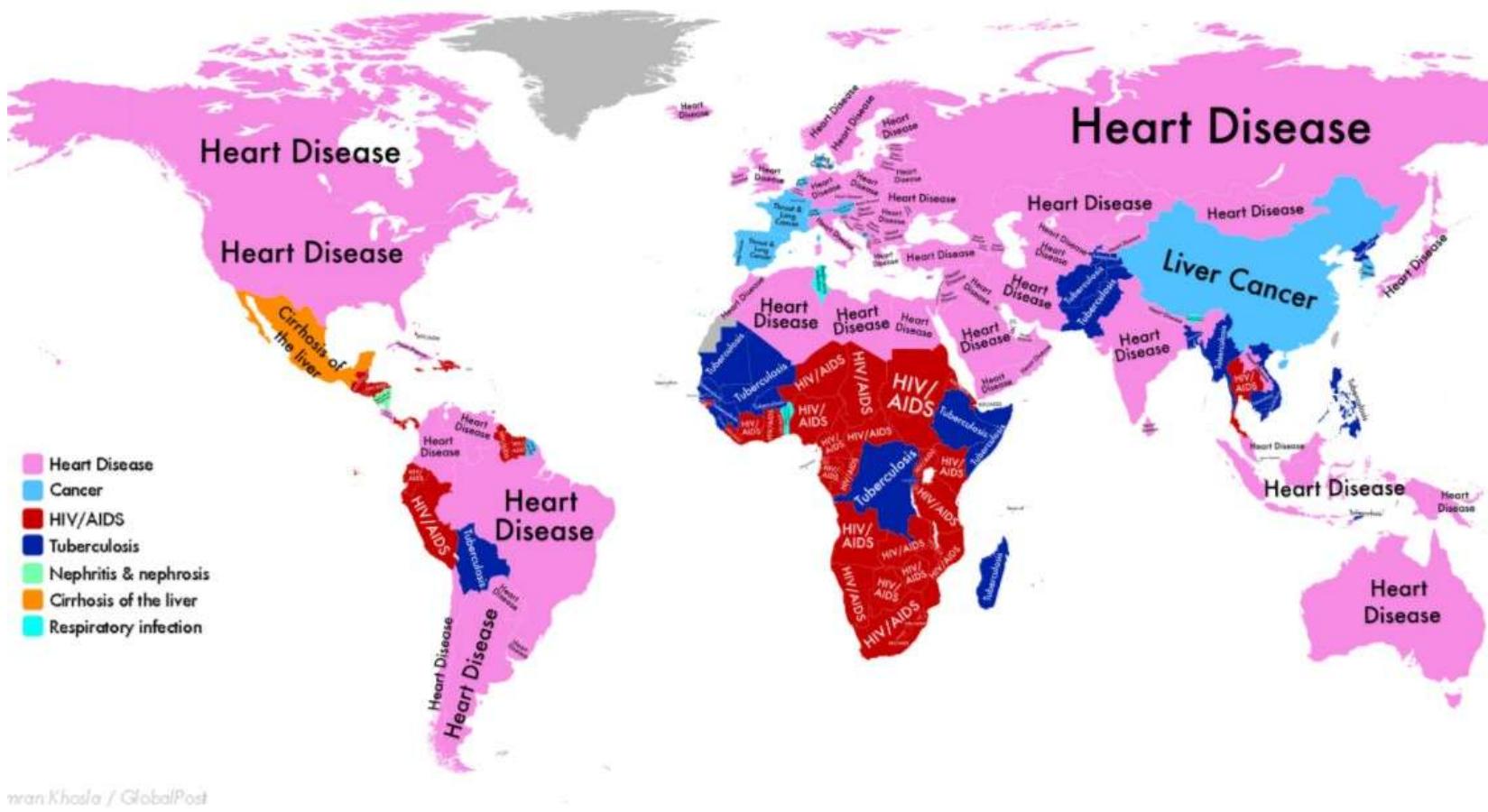
Tədris-Cərrahiyyə Klinikası

UniKardio, Ürək-Damar Mərkəzi

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Baku, Convention Center

Heart failure – epidemiology



man Khasla / GlobalPost

Recommendations for non-invasive imaging in patients with coronary artery disease and heart failure with reduced ejection fraction

Recommendations	Class ^a	Level ^b
<p>Non-invasive stress imaging (CMR, stress echocardiography, SPECT, or PET) may be considered for the assessment of myocardial ischaemia and viability in patients with HF and CAD (considered suitable for coronary revascularization) before the decision on revascularization.^{9–11}</p>	IIb	B

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CAD = coronary artery disease; CMR = cardiac magnetic resonance; HF = heart failure; PET = positron emission tomography; SPECT = single-photon emission computed tomography.

^aClass of recommendation.

^bLevel of evidence.

Əsas point

- Nəyə görə revaskulyarizasiya edilməli?
- Revaskulyarizasiyaya fizioloji hədəflər
- Canlılığı necə təyyin edək?
- Canlılıq proqnozu yaxşılaşdırır mı?

Nəyə görə revaskulyarizasiya edilməli?

- Simptomatik (angina pektoris, ÜÇ simptomları)
- Proqnostik (sağqalma, ÜÇ hospitalizasya)

Nəyə görə revaskulyarizasiya edilməli?

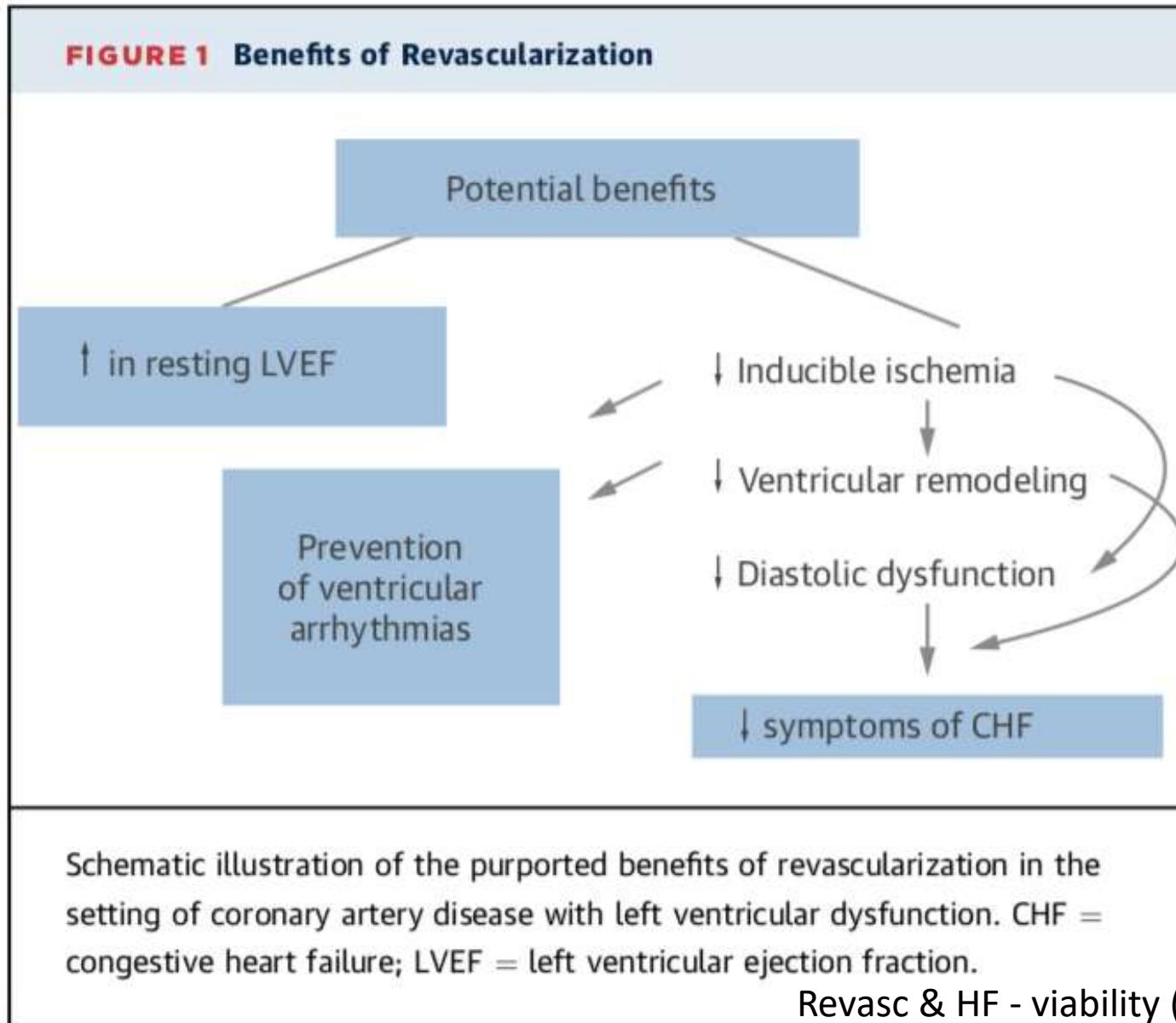
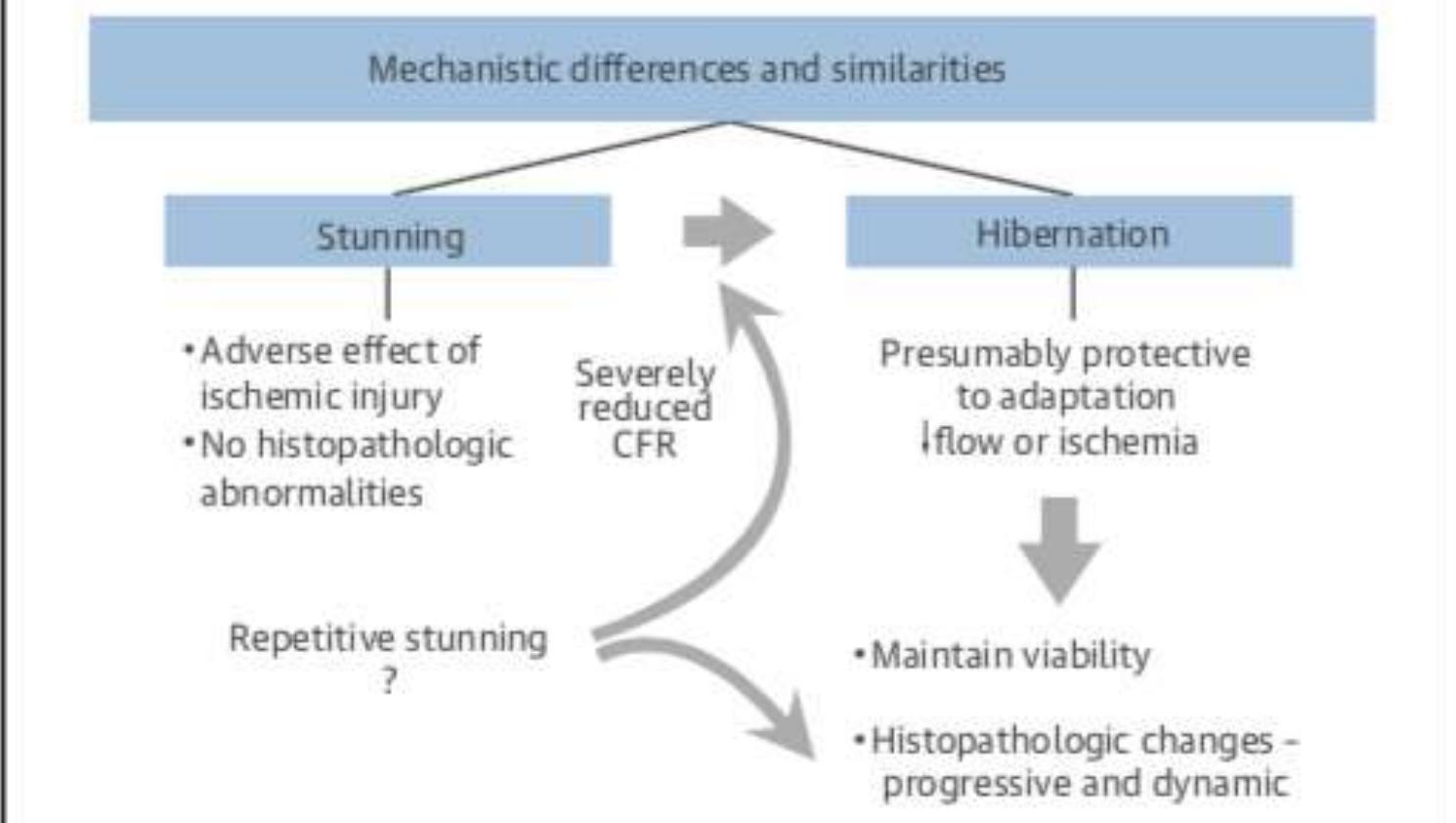


FIGURE 2 Hibernation and Stunning



Myocardial hibernation and stunning in the pathophysiology of reversible left ventricular dysfunction. These pathophysiological entities appear to lie on a spectrum of cellular and molecular adaptations to reduced myocardial blood flow. CFR = coronary flow reserve.



Physiological
targets for
revascularization

Viability and Prognosis in Patients with LV Dysfunction



Different Substrates

- Hibernation (resting ischemia)
- Repetitive stunning (inducible ischemia)
- Extent of scar
- Extent of remodeling
- Duration of hibernation

"How much is enough – not an all or none issue"

Need for combined imaging approaches to characterize substrates and reversibility



Patient with left ventricular (LV) dysfunction



Myocardial viability imaging

Viable myocardium:

The muscular wall of the heart, does not contract normally at rest but has the potential to recover its function

- Positron emission tomography (PET)
Assess myocardial perfusion and metabolism
- Single-photon emission computed tomography (SPECT)
Estimate resting perfusion, stress-induced ischemia, scarring and cardiac function
- Echocardiography
Assess cardiac size, shape, wall thickness and wall motion
- Cardiac MRI
Assess myocardial scarring as evidence of nonviable tissue

Does patient have viable myocardium?



Revascularization does not predict better outcomes than optimal medical therapy (OMT) alone



Revascularization improves outcomes, cardiac function and functional class

Mortality increases with OMT alone

Patients with severe LV dysfunction benefit most from revascularization; a high peri-procedural risk must be balanced against late mortality benefit.

Canlılıq necə təyyin edilə bilər?

- Dobutaminlə Stress-ExoKQ
- Nuklear metodlar
- Ürək MRT

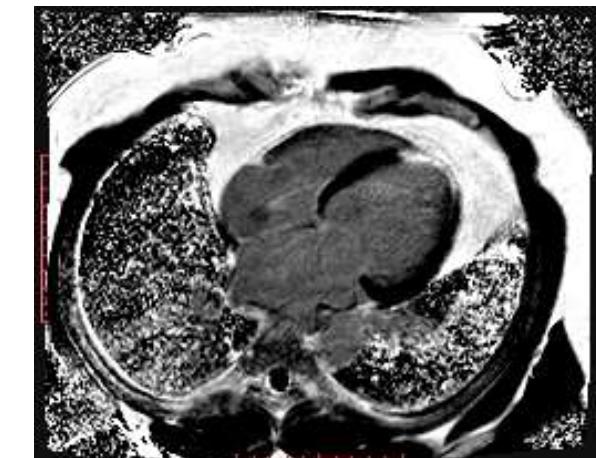
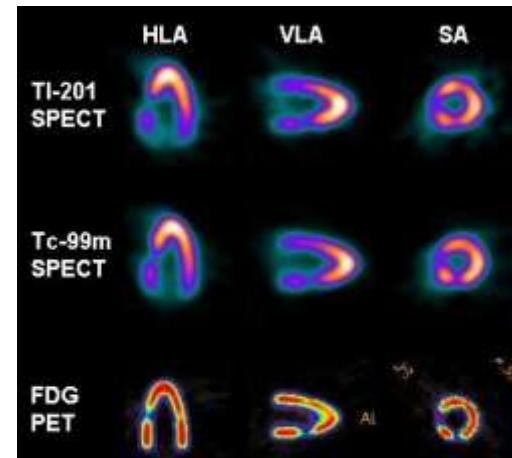
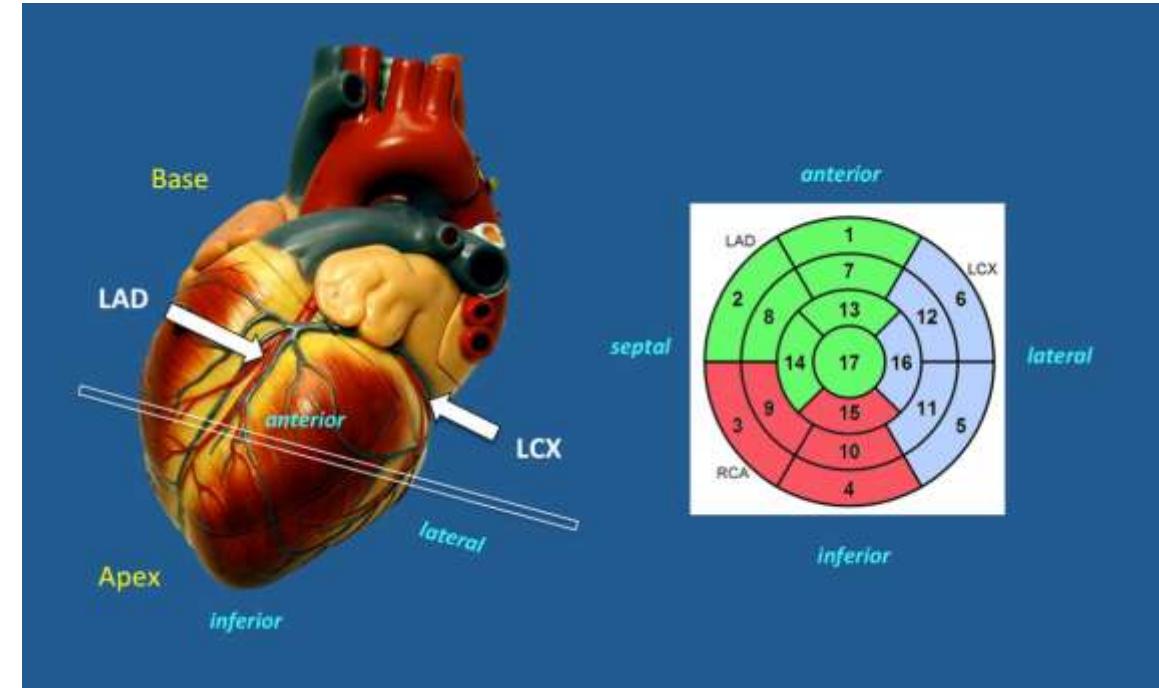
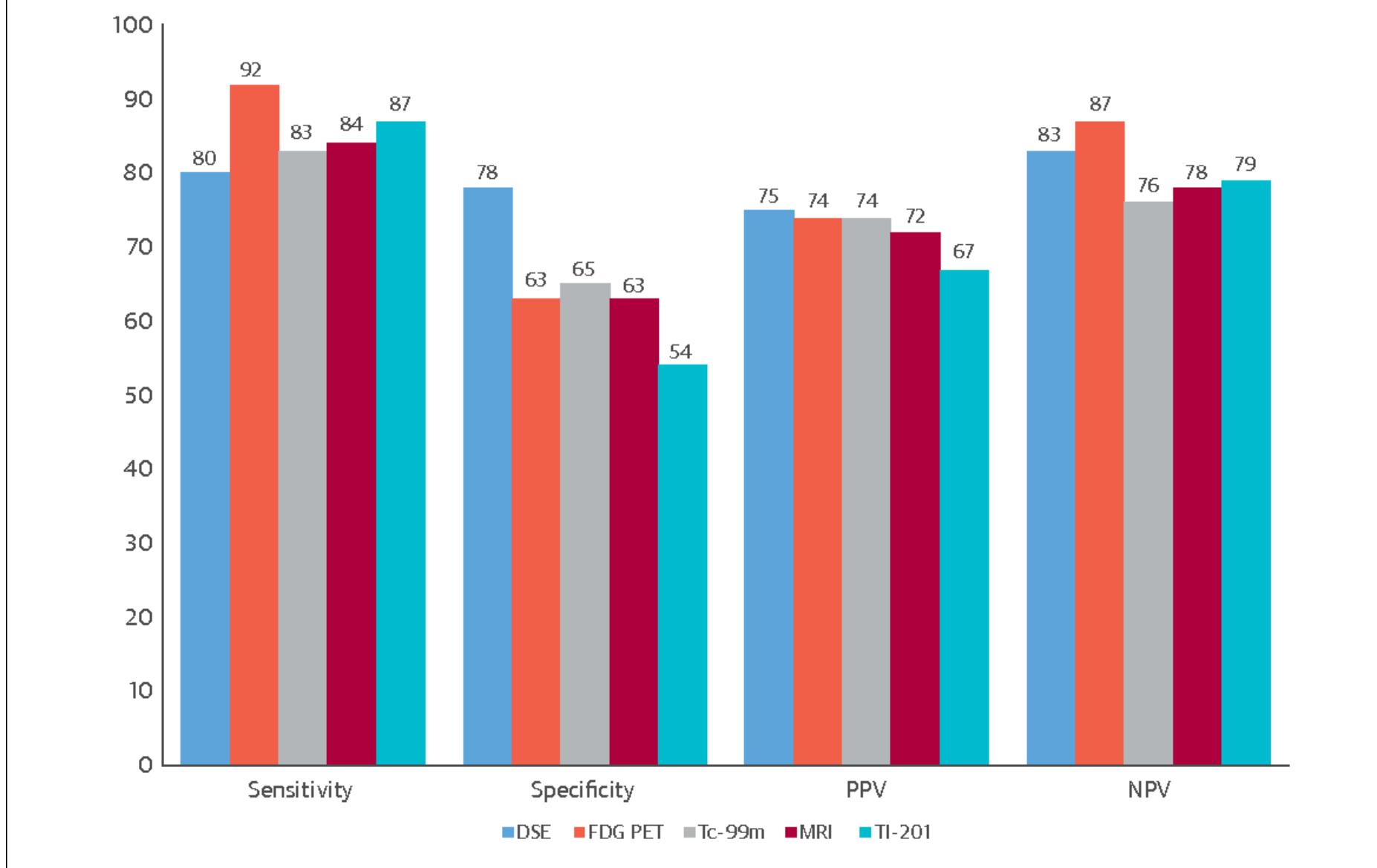


FIGURE 3 Range of Sensitivity, Specificity, PPV, and NPV of Currently Available Viability Testing Modalities



¹⁸F-fluorodeoxyglucose positron emission tomography (FDG-PET) imaging offers the greatest sensitivity, with comparable specificity to other

Is viability the way to improve prognosis ?

- STICH, STICH viability substudy

Myocardial Viability on Cardiac Magnetic Resonance

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SEGMENTAL MYOCARDIAL VIABILITY

DELAYED MYOCARDIAL ENHANCEMENT



- Absent
- < 25% of the segment area
- < 50% of the segment area
- > 50% of the segment area
- > 75% of the segment area

POTENTIAL OF CONTRACTILE RECOVERY

- Segmental viability present
- Segmental viability absent

INFARCT TRANSMURALITY



Without infarction

1 - 25%

26 - 50%

51 - 75%

> 75%

Without infarction
Viability preserved

1 - 25%
Viability preserved

26 - 50%
Viability preserved

51 - 75%
Viability absent

> 75%
Viability absent

Normal muscle

Myocardial infarction

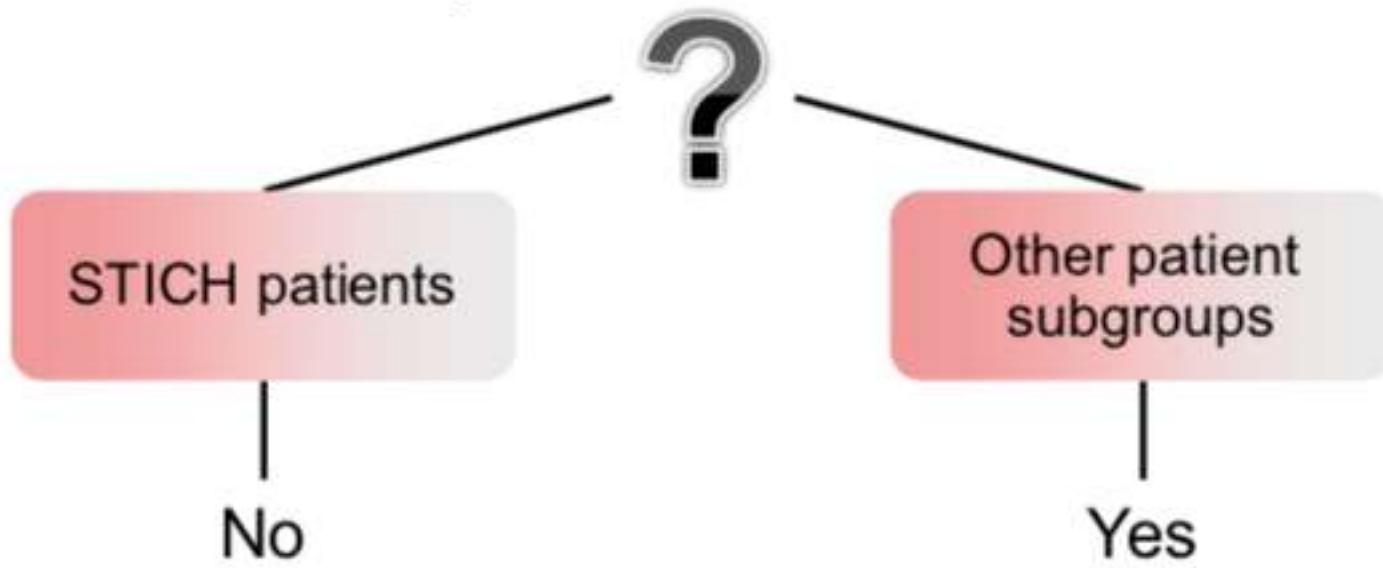
Is viability the way to improve prognosis ?

STICH Viability Study

Limitations

- Study is underpowered
- Non-randomized – viability performed at physician discretion and unblinded
- Baseline differences between pt with/without viability testing – ↓ comorbidities
- Generalizability to contemporary population
 - ICD – 50%
 - CRT – 20%
- 85% of patients in substudy – non-USA
- 3 VD only present in approximately one third
- Viability determined in a binary fashion – PET and CMRI – greater accuracy and provide additional information
- Does not distinguish between dysfunctioning potentially viable myocardium and reversibility

Is There a Role for Viability and Ischemia Testing? Is the Concept Still Valid and Rational?



- No effect of viability, inducible ischemia and angina on surgical outcomes
- ↑ remodeling with non-viability but no effect on surgical outcomes

Bonow: NEJM, 2011; Panza: JACC, 2012
Jolicouer: JACC, 2015; Bonow: JACC, 2015



In patients with LV dysfunction and CAD, are the presence of viability, inducible ischemia and angina still therapeutic targets

|
YES

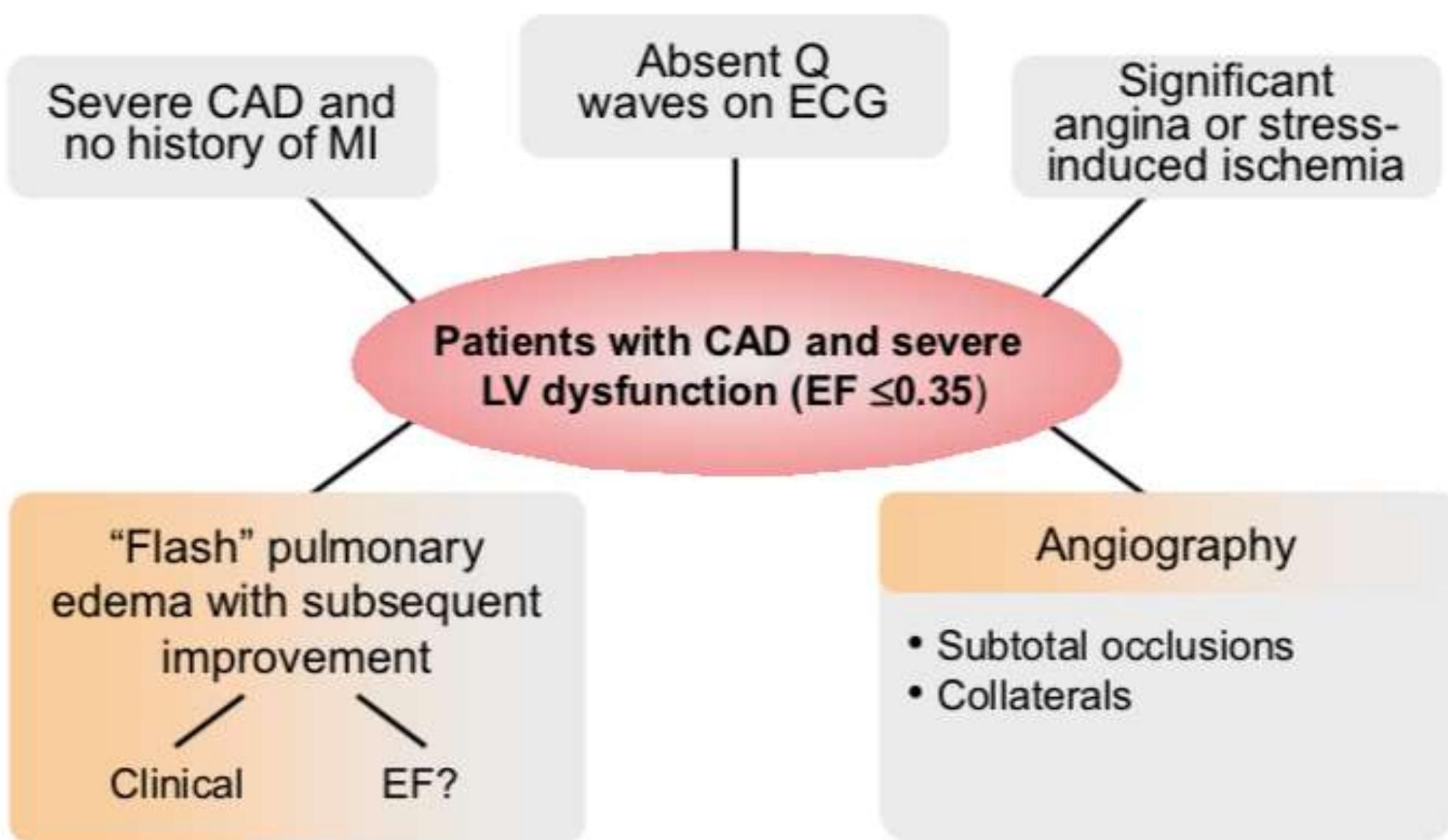
Considerations

Viability and Ischemia

Extent of
scar and
remodeling

What is the point of no return?

Clinical Scenarios Indicative of Viability



Role of Viability Testing in Clinical Decision Making in Patients With LV Dysfunction

Not Essential

- Significant angina
- Good distal vessels
- ECG
 - No Q waves
 - Preserved voltage
- Reasonable surgical risk

Potentially Helpful

- Severe LV dysfunction
- Extensive LV remodeling
- Multiple comorbidities
- Incomplete revascularization is likely
- Angina – less severe

Role of Viability Testing Conclusions

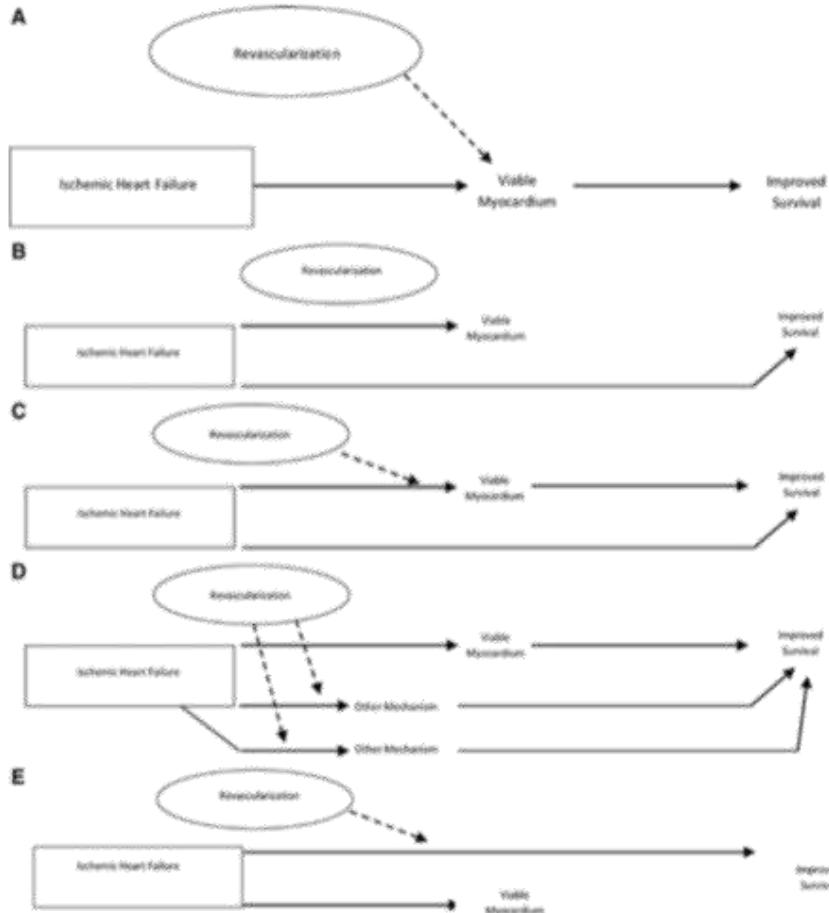
- May predict response to revascularization in **selected** pts with CAD and LV dysfunction
- Marker of prognosis
- May influence response to medical therapy
- Impact of viability and residual ischemia may be overwhelmed by extensive scar and remodeling.
- Should “not” be a routine determinant of decision to revascularize



Does Imaging-Guided Selection of Patients with Ischemic Heart Failure for High Risk Revascularization Improve Identification of Those with the Highest Clinical Benefit?

Myocardial Imaging Should Not Exclude Patients With Ischemic Heart Failure From Coronary Revascularization

Eric J. Velazquez, MD



Pathway from viability to survival

Take home messages



**I cannot teach anybody
anything,
I can only make them think**

Socrates

Thank you for your attention

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